

7. A method of making a moisture and heat resistant container, said method comprising the steps of:
- (a) providing a laminate in the form of a sheet or web, said laminate comprising:
    - (i) at least one base layer consisting of a liquid absorbing material;
    - (ii) an outer coating comprising a polymer selected from the group consisting of polypropylene, oriented polypropylene, metalized oriented polypropylene, high density polyethylene, metalized high density polyethylene, linear low density polyethylene, polyester comprising terephthalic acid and ethylene glycol, metalized polyester and amorphous polyester; and
    - (iii) an inner coating comprising a polymer selected from the group consisting of polypropylene, high density polyethylene, linear low density polyethylene, polyester comprising terephthalic acid and ethylene glycol, and amorphous polyester; and wherein said polyethylenes of said inner and outer coating have a melting temperature of at least 115°C;
  - (b) folding said laminate to form said moisture and heat resistant container; and

(c) heat treating at least one side of said container.

8. A method of making a moisture and heat resistant container as claimed in claim 20, wherein said base layer comprises paper or cardboard.

9. A method of making a moisture and heat resistant container as claimed in claim 20, including the step of providing a barrier layer between the base layer and the inner coating, said barrier layer comprising a material selected from the group consisting of aluminum, an aluminum oxide coating, a silica coating, ethylene/vinyl alcohol, polyvinyl alcohol, metalized oriented polyester and metalized oriented polypropylene.

10. A method of making a moisture and heat resistant container as claimed in claim 20, including the step of providing a layer between the base layer and the outer coating, said layer being selected from the group consisting of polypropylene, low density polyethylene, medium density polyethylene, high density polyethylene and amorphous polyester.

11. A method of making a moisture and heat resistant container as claimed in claim 22, including the step of providing a coating adjacent one or both sides of said barrier layer, said

coating being selected from the group consisting of an adhesion plastic, a heated sealable plastic, a primer and a lacquer.

12. A method of making a moisture and heat resistant container as claimed in claim 20, wherein said container is capable of withstanding heat treatment in an autoclave at a temperature of approximately 105-122°C and at a pressure greater than atmosphere.

13. A method of making a moisture and heat resistant container as claimed in claim 20, wherein said outer coating and said inner coating comprises a polyester comprising terephthalic acid and ethylene glycol.

14. A method of making a moisture and heat resistant container as claimed in claim 20, wherein said polyethylene terephthalate includes 1.5-2.5 weight percent of glycol/cyclohexanedimethanol.